



FOUNDATION UNIVERSITY ISLAMABAD

# Newsletter

Summer 2019



**FUI LAUNCHES  
FOUNDATION UNIVERSITY  
COLLEGE OF NURSING**

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## STATUTORY BODIES' MEETINGS

### Academic Council Meeting

The 21<sup>st</sup> meeting of the Academic Council was held on January 14, 2019 at FURC under the chairmanship of Maj Gen Prof. Dr. Jawad Khaliq Ansari HI(M) (Retd), Director /Principal FUIC. In the meeting the council was apprised of the implementation and progress of the decisions of 12<sup>th</sup>, 13<sup>th</sup> and 20<sup>th</sup> ACMs. Various members of the council presented their recommendations before the Council. The Council after due deliberations and minor modifications approved the recommendations. At the end of the meeting, Chairman lauded the efforts put in by Registrar Branch and FUIC team, and paid a special thanks to external members for their valuable input.



### 27<sup>th</sup> Meeting of the Executive Committee

The 27<sup>th</sup> meeting of the Executive Committee was held on April 02, 2019 at Fauji Foundation Head Office. President FUIC, Lt Gen Syed Tariq Nadeem Gilani HI(M) (Retd) chaired the meeting. Rector FUIC Maj Gen Changez Dil Khan HI(M) (Retd) presented an executive summary, highlighting the developments made over the last one year with respect to the consolidation, quality enhancement and up-gradation of infrastructure. Registrar apprised the meeting of the implementation / progress of the decisions of the 26<sup>th</sup> Executive Committee Meeting. Executive Committee appreciated the progress made in the implementation of its directives. The chairman emphasized that efforts be made in research endeavours and that better financial incentives must be provided to the researchers.



## ORIENTATIONS

### Foundation University Medical College

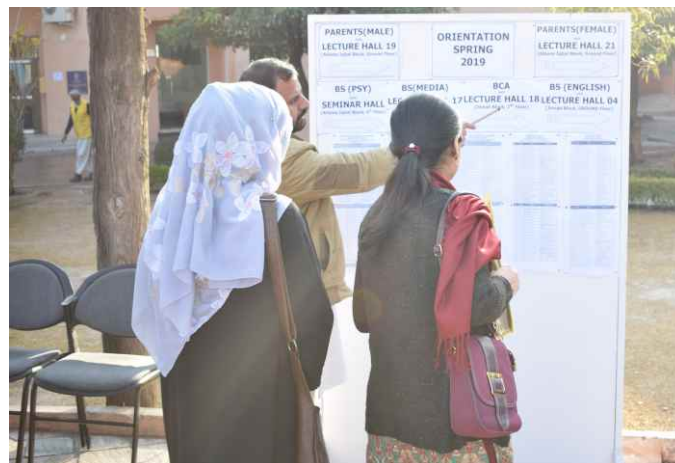
A two-day orientation programme was designed for the 19<sup>th</sup> batch of MBBS on January 18-21, 2019 at FUMC. On Day 1 students and parents were provided an opportunity to interact with faculty and visit the campus. On Day 2 students gathered at the FUIC auditorium for the oath taking ceremony. Director FUIC, Maj Gen Prof. Dr. Jawad Khaliq Ansari HI(M) (Retd), addressed the gathering and extended a warm welcome to the new students. It was followed by a talk by guest speaker Prof. Dr. Muhammad Umer, Vice Chancellor Rawalpindi Medical University. Later on following sessions were conducted:

- "Responsibilities of a Doctor" by Prof. Dr. Azhar Sheikh
- "How to Combat Stress" by Prof. Dr. Mowadat Rana
- "How to Plan your Studies" by Prof. Dr. Irfan Shukar



### Foundation University Rawalpindi Campus

Orientation day for new students was held on January 29, 2019 at FURC. Freshmen and their parents were welcomed by the administration and the faculty before being taken on a campus tour. In his welcome address Brig Dr. Abdul Ghafoor SI(M) (Retd), Pro-Rector FURC, focussed on two major points. Firstly, he advised the students on how to adjust to the new academic environment and explained how is the tertiary level education different from the previous. Secondly, he instructed the freshers to abide by the university rules and regulations and put up the best of their behaviour.





### Foundation University College of Dentistry

February 04, 2019 marked the Orientation day for the 4<sup>th</sup> batch of BDS at FUCD. After registration of new students, welcome ceremony was held at FUIC auditorium. Director FUIC, Maj Gen Prof. Dr. Jawad Khaliq Ansari HI(M) (Retd), graced the ceremony as chief guest. Oath taking ceremony was followed by a group photograph.



### Foundation University Institute of Rehabilitation Sciences

Day One Ceremony for the 10<sup>th</sup> batch of Doctor of Physical

Therapy was held on February 11, 2019 at FUIRS. Director FUIC Maj Gen Prof. Dr. Jawad Khaliq Ansari HI(M) (Retd) graced the occasion as the Chief Guest. The welcome address was delivered by Dean FUIRS, Dr. Naureen Tassadaq, followed by FUIRS faculty introduction presentation. Oath taking of the new students was conducted by Associate Dean Academics FUIRS Dr. Furqan Ahmed Siddiqi. Later, the guests, parents and students enjoyed refreshments, which were followed by a visit around the campus.



## INDUSTRIAL LINKAGES

ORIC at Foundation University Islamabad is enhancing the Industry Academia Linkages with full zeal and zest under the patronage of Rector FUI. In this regard several MoUs have been signed with an aim to synergize on different areas of Industry-Academia Linkages (IAL) which include; joint research, curriculum revision, new academic programs, industrial trips, internships, job placements, professional trainings, prototype / product development and commercialization of research. This collaboration is also meant to benefit from each other's initiatives, expertise, working procedures and to support and assist the researchers associated with both the organizations. Some of these include:

### MoU with Foundation Power Company, Daharki Ltd

Maj Gen Changez Dil Khan HI(M) (Retd), Rector FUI and Maj Gen Asghar Nawaz HI(M) (Retd), CEO / MD Foundation Power Company Daharki Ltd (FPCDL) signed the MoU on January 08, 2019.



### MoU with Fauji Cement Company Ltd

Dr. Shagufta Akhtar, Director ORIC FUI and Brig Parvez Iqbal Malik SI(M) (Retd), GM Procurement & HR Fauji Cement Company Ltd (FCCL) signed the MoU on January 08, 2019.



### MoU with Mari Petroleum Company Ltd

Dr. Shagufta Akhtar, Director ORIC FUI and Brig Abdul Ghaffar Khan SI (M) (Retd), General Manager HR, Mari Petroleum Company Limited (MPCL) signed the MoU on January 23, 2019.



### MoU with Fauji Fertilizer Bin Qasim Ltd

Brig Dr Abdul Ghafoor, SI(M) (Retd), Pro Rector FURC and Brig (Retd) Syed Mujtaba Tirmizi, Company Secretary Fauji Fertilizer Bin Qasim Ltd (FFBL) inked the MoU on February 25, 2019





**MoU with Askari Cement Ltd**

Company Secretary, Brig Haroon Abbas Khan SI(M) from Askari Cement Ltd (ACL) and Director ORIC, Dr. Shagufta Akhtar from FUI signed the MoU on March 19, 2019.



**MoU with Fauji Fertilizer Company Ltd**

Director ORIC FUI, Dr. Shagufta Akhtar and Brig (Retd) Ashfaq Ahmad, Company Secretary at Fauji Fertilizer Company Ltd (FFC) signed the MOU on March 27, 2019.



**MoU with CCIXER Inc. USA**

An MoU between FUI and CCIXER Inc. USA was signed on April 04, 2019 by Director ORIC FUI, Dr. Shagufta Akhtar and Country Director CCIXER, Mr. Irfan Khan.



**MoU with Foundation Wind Energy Ltd**

Maj Gen Changez Dil Khan HI(M) (Retd), Rector FUI and Maj Gen Khalid Mahmood, MD Foundation Wind Energy Limited (FWEL) signed the MoU on April 18, 2019.



**ACADEMIC LINKAGES**

Realizing the strengths of collaboration with national and international academic institutes, FUI has established linkages with various universities in Pakistan and abroad. The main aim of collaboration is to strengthen research and academia through joint research initiatives such as conducting national/international conferences, seminars, symposiums, curriculum development, launching of new programs and implementing modern teaching methodologies. The collaboration with National and International organizations is also very important in terms of university ranking, subject ratings, accreditation of programs and ranking of QEC & ORIC by HEC. In order to benefit from such collaborations, FUI has signed a number of MoUs with the following organizations.

**Addendum to MoU with Hasselt University, Belgium**

A delegation from Hasselt University, Belgium visited FUI on February 20, 2019. Two Addenda to MoU have been signed in the disciplines of Engineering and IT and Rehabilitation



Sciences to spur the growth of the institutions and to enhance the learning opportunities for the students and faculty. Addendum to the Memorandum of Understanding in the discipline of Rehabilitation Sciences was signed by Dr Naureen Tassadaq, Dean FUIRS and Prof. Dr Peter Feys, Dean Faculty of Rehab Sciences Hasselt University. Addendum to the Memorandum of Understanding in the discipline of Engineering and IT was signed by Maj Gen Changez Dil Khan HI(M) (Retd), Rector FUI and Prof. Dr. Jean-Michel Rigo, Vice Rector Research, Hasselt University.

**MoU with National University of Medical Sciences**

An MoU was signed on March 07, 2019 by Maj Gen Changez Dil Khan HI(M) (Retd), Rector FUI and Lt Gen Syed Muhammad Imran Majeed HI(M), Vice Chancellor NUMS.





### MoU with Beijing University of Technology, China

An MoU was signed between FUI and Beijing University of Technology China (BJUT) on March 11, 2019 at BJUT. The MoU was inked by Maj Gen Changez Dil Khan HI(M) (Retd), Rector FUI and Prof. Dr. Gonghui Liu, President BJUT.



### MoU with Hazara University, Mansehra

Maj Gen Changez Dil Khan HI(M) (Retd), Rector FUI and Prof. Dr. Muhammad Idrees, Vice Chancellor Hazara University, Mansehra (HU) inked the MoU on March 25, 2019.



### MoU with Quality Systems International

Ms .Asmat Parveen, In-Charge QEC at FUI and Mr. Imran Ahmad Rana, President of Quality Systems International (QSI) USA signed the MoU on April 04, 2019.



## SEMINARS AND LECTURES

### Developing Research in Self Harm and Suicide Prevention

Department of Psychology, organized a seminar “Developing Research in Self-Harm and Suicide Prevention” on February 01, 2019. The guest speaker was Prof. Dr. Nusrat Husain, Director Research Global Mental Health and Director of Pakistan Institute of Living and Learning (PILL). The seminar commenced with a presentation by Ms. Amna Noreen, operation manager at PILL and an alumnus of FURC. Later, the worthy guest speaker discussed that self-harm is a global public health problem but has higher rate in low and middle income countries and accounts for majority of the suicides in young adults.



### How to Start your Career in Game Development Industry

A lecture “How to start your Career in Game Development Industry” was delivered on February 12, 2019 for the students of FURC. 150 students of Department of Software Engineering, Electrical Engineering and Psychology attended the lecture. The resource person Ms. Sadia Bashir, CEO Pixel Arts Academy, offered an insight into the Game Development Industry, which is one of the emerging industries of the world. Students showed keen interest and appreciated the guest speaker’s elaborations.





### Raz-e-Zindagi

A lecture titled "Raz-e-Zindagi" was organized for the students of FUIC on February 18, 2019. Renowned author, poet, columnist and anchor person Mr. Amin Kunjahi was the resource person. The main focus of the lecture was "Tolerance". It was a very productive lecture for students as tolerance is the key attribute of success and helps to excel in professional and personal lives.



### Role of Youth in Nation Building

A talk "Role of Youth in Nation Building" was delivered by Senator Mushtaq Ahmed Khan, Chairman Senate Standing Committee on Science and Technology at FURC on March 04, 2019. The talk revolved around Allama Muhammad Iqbal's vision on Youth, for which the worthy speaker urged the students to read "Javed Nama". To understand the purpose of life he asked students to take extra care of four components in life i.e. clarity of purpose, character, knowledge and service to humanity. In the end, Dean FASS, Prof Dr. Raja Nasim Akhtar presented the university souvenir to the guest speaker.



### Essential Interview and CV Writing Skills

On March 05, 2019, Faculty of Management Sciences organized a seminar "Essential Interview and CV Writing Skills". It centered around the contemporary approaches to CV writing and the changing nature of interviews in today's volatile business environment. The guest speaker was Mr.



Zulfikar Zaidi, Head of HR at Ufone. He discussed the importance of self projection, value and key indicators what employers are in search for in an ideal candidate. The session was divided into two phases. Firstly, sample anonymous CVs were shown and the audience was asked to identify pros and cons. It led to identifying critical aspects of CV and points for designing a perfect CV. The second phase focused on interviewing. Mr. Zaidi stressed the fact that CV writing is closely linked to interviews. He also spoke about what aspects employers are in search for in a candidate. He demonstrated this through a role play, by conducting an on-spot interview with one student from the audience.

### BIC Awareness Seminar

After the successful establishment of Business Incubation Centre, FUI is focusing on bringing awareness among faculty and students. In this regard, different awareness sessions have been conducted to prepare faculty and students to generate and develop their business ideas in Business Incubation Centre. Dean Faculty of Management Sciences,



Prof. Dr. Ali Ahsan was the resource person of BIC awareness seminar for the faculty of FUIC, scheduled on March 07, 2019.

### Digital Media Changing the Dynamics of Journalism

Department of Arts and Media organized a session "Digital Media Changing the Dynamics of Journalism" under the supervision of Ms. Ummul Baneen at FURC on March 14, 2019. Mr. Abrar Ul Hassan, a famous international digital journalist, shared his experience about the technological revolution and latest tools of digital media which are essential to establish your reputation in the field of digital journalism.



### Aspects of Cerebra Vascular Diseases

Dr. Ashfaq Shuaib, MD, FRCPC, FAHA, Professor at the Department of Medicine and the Director of Stroke program, Division of Neurology at University of Alberta was invited at FUMC to deliver a talk on March 21, 2019. The talk was





regarding various aspects of Cerebra Vascular diseases including Epidemiology, Risk Factors, and Clinical Presentations, Stroke sub-types, Diagnostic investigations and Management. The lecture was attended by senior faculty members from basic and clinical sciences, and more than 400 students from medical, dental and rehabilitation colleges of FUIC.

### Emerging Regional and International Environment: Challenges and Response

Lt Gen Tariq Khan HI(M) (Retd), MD/CEO of Fauji Fertilizer Company (FFC) delivered a lecture “Emerging Regional and International Environment: Challenges and Response” on April



11, 2019, at FUIC auditorium. The Guest speaker shed light on the importance of CPEC for Pakistan and its impact on the region. He also educated the audience about the prevailing situation in Afghanistan and Kashmir and its repercussions on Pakistan and rest of the world.

### Technology and Innovation in Pakistan

CEO-Ignite (National Technology Fund), Mr. Yusuf Hussain graced FUIC with an interactive session "Technology and Innovation in Pakistan" on April 15, 2019. The guest speaker invited the students to develop the skills which shall be needed to survive the 4<sup>th</sup> Industrial Revolution. He mentioned that Initiative and Critical Thinking are two major driving skills of this digital era. Students were also explained the entrepreneurial ecosystem of Pakistan and its performance in past decade. In the end, Pro-Rector FURC, Brig Dr. Abdul Ghafoor SI(M) (Retd) presented a souvenir to the guest speaker as a token of appreciation.



### Quality Assurance in Higher Education and University Ranking

Quality Enhancement Cell at FUIC organized a one day seminar “Quality Assurance in Higher Education & University Ranking” on April 18, 2019 at FURC. Dr. Riaz Ahmed, Director Quality Assurance at NUST, was the resource person. The seminar was attended by more than 20 QEC Officials from 11 universities located in Rawalpindi and Islamabad and 50 Faculty Members of Foundation University Islamabad. The resource person emphasized on the need and mechanism of quality assurance



and university ranking and the role of quality enhancement cells in this regard. He also highlighted the challenges faced during the implementation of Quality assurance process. Certificates were distributed among all participants of the seminar.

### Children with Special Needs - A Care Giver Perspective

A one day seminar “Children with Special Needs - a Care Giver Perspective” was held on April 25, 2019 in FUIC auditorium. The main objective was to promote awareness in care givers including parents, guardians, health care providers, siblings and teachers of children with special needs as well as to train the care givers regarding the management, handling and positioning of such children. Gen Akhter Waheed HI(M) (Retd) was the Chief Guest. Three guest speakers Brig. Prof. Dr Munir Akmal Lodhi, Head of Paediatrics Department Fauji Foundation Hospital, Mr. Yvonne Frizzell, PT MCSP UK and Dr. Muhammad Almas Hashmi, Assistant Professor Paediatrics Department delivered their presentations along with practical demonstration by Mr. Frizzell.



### How to Ace a Job Interview

On May 03, 2019, FURC, held an interactive session “How to Ace a Job Interview” by Brig Abdul Ghaffar Khan SI(M) (Retd), GM-HR Mari Petroleum. The session began with an attention grabbing activity about 'first impressions'; the idea was to focus on the importance of first impressions. Mr. Ghaffar

emphasized on the need of dressing, attitude and overall personality of interviewees. He further talked about customized CV, its importance and then explained the stages of interview process. He shared insider knowledge of psychometric tests which he told are interviewers' ways of tricking and testing interviewees. He ended by highlighting 'How-to-avoid-making-common-mistakes' in job interviews. In their feedback, students labelled it as a good learning experience.



### How Technology is Shaping the Future of Accounting

On April 30, 2019 Faculty of Management Sciences organized a seminar "How Technology is Shaping the Future of Accounting" Ms. Mehreen, Trainer Askari Bank Rawalpindi region and Mr. Irfan, Branch Manager Askari Bank FURC were the resource persons. It was an interactive session in which students of BBA-2 and BBA-3 participated enthusiastically and learned how technology is changing the dynamics of accounting.



### Data Security and Privacy

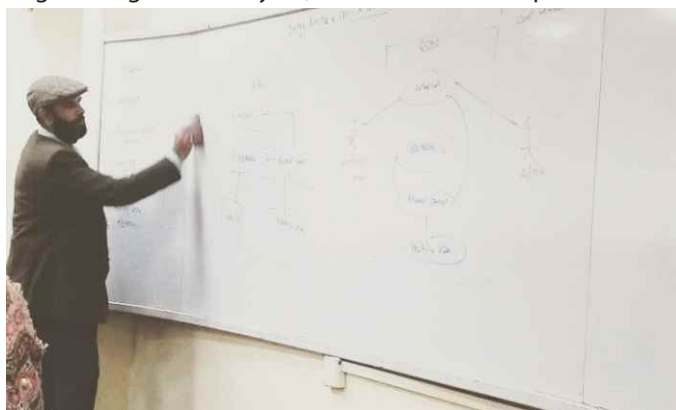
A seminar 'Data Security and Privacy' was held by Department of Software Engineering on May 14, 2018. Dr. Imran Daud, Assistant Professor conducted the seminar to give insightful knowledge about security and privacy. Mr. Daud explained to the audience that Data security refers to the process of protecting data from unauthorized access and data corruption throughout its lifecycle. Data security includes data encryption, tokenization, and key management practices that protect data across all applications and platforms. He also discussed the information privacy issues such as "Emerging technology and security challenges" and "Data protection" in daily life.



## TRAININGS AND WORKSHOPS

### Design Activities SDPI and SDPII

A Training session was conducted on design activities of SDPI and SDPII for the faculty members of Department of Software Engineering on January 22, 2019. The resource person of the



training was Mr. Umer Mehmood, Assistant Professor Department of Software Engineering. The audience was trained on how to create design from software requirements

using UML. The presenter discussed requirement elicitation and analysis and transformed it into design blocks. The design blocks included block diagrams, use case diagram, system sequence diagram and class diagrams pertaining to UML.

### Cone Beam Computed Tomography Workshop

A successful workshop on CBCT was conducted on January 25, 2019 at FUCD. The basic essence of the workshop was pertaining to the pragmatic/practical aspect of the usage of CBCT in our modern day practice. Key speaker of the workshop was Mr. Zulfiqar Ahmed Atiq who is extraneously familiar with the technical aspect of CBCT. Learning objectives of this CBCT workshop were to acquaint the participants with:

- Latest trends in 3 Dimensional Radiology
- 3D Measurements on CBCT
- Role of CBCT in Implant Dentistry
- Role of CBCT in Stereo Lithographic Model Construction
- CBCT use in daily practice





**Android Workshop**

“Android Workshop” was conducted by Software Engineering department on February 11, 2019. As a major share of hand-held devices run on Android Operating System - which is open source and customizable; the Android Application Development Workshop provided participants technical training on the concepts and programming methodologies needed to develop applications for mobile devices. Participants learned to use different android libraries and the instructions, aided with live projects, allowed students to grasp concept of complete mobile application development life-cycle.



**Tolerance Perspective of Leadership and Stress Management**

Head of Department Psychology, Brig Dr. Tanvir Akhtar (Retd) was invited by University of Sargodha (UOS) as resource person in a pre-conference workshop on “Tolerance Perspective of Leadership and Stress Management” on February 28, 2019. The workshop highlighted the latest trends in leadership and its tolerance perspective. The second part was practical and aimed how students can learn different interventions of stress management. It was very well conducted and highly appreciated by the faculty and students of the psychology department. The Chairperson Department of Psychology UOS Prof. Dr. Najma Iqbal Malik, UOS showed



her interest to collaborate with the Department of Psychology, FUI for promoting research and the education pursuits.

**Manuscript Writing and Publishing in Impact Factor Journals**

Dr Yasir Waheed, Associate Professor FUMC, conducted a workshop “Manuscript Writing and Publishing in Impact Factor Journals” at FUI on March 20, 2019. The workshop was attended by 50 faculty members from FUIIC and Fauji Foundation Hospital. Dr. Waheed discussed different online tools which can be used to improve the quality of research paper and to make it publishable in International Impact Factor Journals.



**Multimodal Management of Shoulder Joint**

Dr. Aamer Naeem PT (Assistant Professor FUIRS) & Dr. Muahmmad Osama PT (Lecturer FUIRS), delivered a workshop "Multimodal Management of Shoulder Joint" at 4<sup>th</sup> International Scientific Conference, organized by Rawalpindi Medical University from March 20 - 23, 2019.



**Pakistan Paediatrics Association Clinical Symposium**

Paediatric Department of FUMC, Fauji Foundation Hospital hosted a clinical meeting of Pakistan Paediatric Association (PPA) on April 03, 2019 in FUMC Auditorium. Maj Gen Prof. Dr. Jawad Khaliq Ansari HI(M) (Retd), Principal FUMC and Director FUIIC was the Chief Guest and Prof Rai Muhammad Asghar, Dean Paediatrics Rawalpindi Medical University and President Pakistan Paediatric Association was the Guest of Honour. The





aim of such meetings is to enhance knowledge by sharing the worthy experience that one hospital has gathered while treating certain uncommon diseases. Prof. Rai Muhammad Asghar, in his address, applauded the quality of patient care and presentations of Paediatric residents. Principal FUMC congratulated the Paediatric Department on arranging a very successful educational event.

**First BIC Training Session**

Foundation University Business Incubation Centre’s first training and awareness session was conducted by Manager BIC Mr Taimoor, at BIC conference room on April 05, 2019. Students from department of Arts & Media semester 7<sup>th</sup> BCA attended the session under the supervision of Lecturer Ch. Muhammad Usman.



**Mulligan's Approach for the Management of Cervical Spine**

Dr. Muhammad Osama PT (Lecturer FUIRS) conducted a workshop "Mulligan's Approach for the Management of Cervical Spine" organized by National Physical Therapy Organization (NPTO) in Islamabad, on April 14, 2019.



**Basic Life Support**

"Basic Life Support" workshop was held on April 19, 2019 at

FUCD. There were total 15 participants in the workshop that included doctors and dental assistants. The workshop was facilitated by Dr. Mohammad Masood Khan, Assistant Prof. Dr. Muhammad Azhar Sheikh and Maj Gen Prof. Dr. Liaquat Ali (Retd). The workshop started with the name of Allah, followed by lectures of worthy speakers. Hands on activities such as adult and infant CPR, AED and choking engaged the participants throughout the session.



**Sensory Integration Therapy and Learning without Tears**

Department of Psychology organized two day - training workshops "Sensory Integration Therapy" and "Learning without Tears" at FURC on April 22 and April 23, 2019. The resource person was Ms. Najma Adam who has been a practicing Occupational Therapist for more than 21 years. She is currently practicing at South City Hospital and Medlife Clinic in Karachi. The hallmark of this workshop was an online session on "Managing Disruptive Behaviour" by Dr. Loukia Tsami from University of Houston. The workshop was also attended by Mrs. Ghazal Nadeem and Mrs. Bushra Suhaib, the Director and



Executive Director of the Autism Resource Center (ARC), Rawalpindi. The training outcomes were to recognize the signs of sensory processing disorder (SPDs), management of sensory processing challenges in home and school setting, use of sensory diet and wet-dry-try method.

**Basic Concepts of Kinesiology Taping**

Dr. Muhammad Osama PT (Lecturer FUIRS) conducted a workshop "Basic Concepts of Kinesiology Taping", on May 05, 2019. It was organized by Student Focus, Islamabad Chapter.





# Launching Ceremony

## FOUNDATION UNIVERSITY COLLEGE OF NURSING

Nursing is a vast, complex and critical field within the health care system. Nurses perform their duties in diverse settings of hospitals and communities for the promotion of health at different levels. To take the Pakistani population into a brighter and healthier future every institution of Foundation University Islamabad has contributed in its own way. Foundation University College of Nursing has taken on the challenge of educating and training the future nurses of Pakistan who would not only be skilled to provide ongoing assessment of people's health but their round-the-clock presence, observation skills, and vigilance would allow doctors to make better diagnosis and offer effective treatments.

A ceremony was held on April 23, 2019 at Foundation University Islamabad Campus to launch Nursing Degree and Certificate programs at Foundation University College of Nursing. Principal FUCN, Capt Yasmin Saggi discussed the importance of the nursing profession in health care and the paradigm shift in nursing education from diploma to degree. Honourable Rector FUI, Maj Gen Changez Dil Khan HI(M) (Retd) and Director FUI Maj Gen Prof. Dr. Jawad Khaliq Ansari HI(M) (Retd), addressed the gathering. Rector FUI

expressed his optimism for the future of this profession and labelled it as one of the best professions anyone could choose as with the increase in population and shortage of doctors and other medical staff, the community will need better qualified and more nurses in future.

Florence Nightingale, regarded as the founder of modern nursing, is remembered as "the lady with the lamp". In her memory students of FUCN lit lamps which is a symbol of hope and comfort for those who are suffering. This was followed by the oath taking ceremony conducted by Principal Foundation University College of Nursing Capt Yasmin Saggi. Dr. Nausheen Hamid, Parliamentary Secretary National Health Services, graced the occasion as chief guest and in her address emphasized the importance of nursing profession. She said that, in order to promote the nursing profession, the President of Pakistan has declared 2019 the Year of Nursing. The government of Pakistan is also planning to provide scholarships to all private and public sector degree students. Prof. Dr. Raisa Gul, Dean at Shifa College of Nursing, was the keynote speaker at the ceremony. She addressed the gathering and motivated the students by sharing her journey in the field of nursing.





## CONFERENCES

### Conference of Applied Psychology

Three faculty members and 26 students from Psychology Department attended the International Conference of Applied Psychology on February 06-08, 2019 at Institute Of Applied Psychology, University of Punjab. The conference was titled "International Conference of Applied Psychology (ICAP-19): Practices and Interventions". It was a great learning experience for the students and faculty. Moreover they also presented papers which were highly appreciated and are likely



to be published in the Journal of Behavioural Sciences (JBS). The Head of Department of Psychology, Dr. Tanvir Akhtar, was invited to chair a session in the conference.

### 1<sup>st</sup> National Conference of Psychology for Sustainable Community: Challenges and Trends

Head of Department of Psychology, Dr. Tanvir Akhtar was invited as Keynote Speaker at the "1<sup>st</sup> National Conference of Psychology for Sustainable Community: Challenges and Trends" (NCPSC) held on March 19-20, 2019 at Department of Psychology, University of Sargodha. He gave a lecture "Indigenous Perspectives on Industrial Organizational



Psychology" and highlighted the importance of Industrial Organizational Psychologist in the workplace. At the end, the Chairperson Department of Psychology, UOS Prof. Dr. Najma Iqbal Malik showed her deep gratitude to Dr. Tanvir Akhtar for sharing his valuable knowledge which will open new research avenues for young psychologists in Pakistan.

### First Edition of Emerging Scientists Conference

The first edition of Emerging Scientists Conference, by Asian Council of Science Editors (ACSE) took place auspiciously on March 30-31, 2019, in Faisalabad. The event attracted more than 130 participants from all parts of Pakistan. This new initiative of the ACSE was



made efficacious with the ideas and support of ACE College, ANSInet, Asian Digital Library, Index One and ASCI Database. Ms. Hafsa Khalil Toor, Assistant Professor from Department of Psychology at FURC, presented her research titled: "Mental State Talk: Assessment through Wordless Picture Book Reading" secured 1<sup>st</sup> place for most Innovative Research Idea.

### 2<sup>nd</sup> International Conference on Quality Assurance in Higher Education

University of Education Lahore hosted the 2<sup>nd</sup> International Conference on Quality Assurance in Higher Education & Annual General Meeting in collaboration with HEC and Khyber Medical University Peshawar. QEC Team from FUI attended the conference from April 23-25, 2019 and gained a good learning experience. Besides national speakers, keynote speakers, Dr. Donald Staub and Dr. Selva Staub from Bandirma Onyedi Eylul University Turkey, Ms. Kethamonie Naidoo Director Accreditation Council on Higher Education (CHE) from South Africa, Ms. BaharGün from Izmir University of Economics Turkey, Mr. Bassam Al Hamad from University of Bahrain and Dr. Khalid Azim Khan from Umm Al-Qura University Saudi Arabia presented their work.



### 4<sup>th</sup> Entrepreneurs Show 2019

Dr. Shagufta Akhtar, Director ORIC was invited as keynote speaker at 4<sup>th</sup> Entrepreneurs Show 2019 organized jointly by CODE International, Seljuk University Konya, Konya Technology Park and Seljuk TTO in Faculty of Agriculture, Seljuk University on April 24, 2019. She talked on Perspective of Innovation and Commercialization in Turkey-Iran-Pakistan and ECO Countries. CODE International organizes Entrepreneur's Show in Pakistan, Iran and Turkey every year where developing entrepreneurs pitch their innovative ideas. The purpose of Entrepreneur's Show is team building and strengthening the techno-entrepreneurship relationship among the three nations to reach a common goal of sustainable economy.





## VISITS

### Senior Journalist, Mr. Syed Tallat Hussain

On February 16, 2019 students of MS Media Sciences, under the supervision of Ch. Muhammad Usman, Lecturer A&M visited and interviewed senior journalist, Mr. Syed Talat Hussain. Mr. Hussain is a renowned Pakistani journalist, foreign policy commentator and a television personality. The interview took place at his studio in a very comfortable and friendly environment. The purpose of the interview was to gather information and views about the current media crisis in Pakistan.



### EURIE 2019-Eurasia Higher Education Summit

The Rector FUI participated in 4th Eurasia Higher Education Summit on February 27 - March 01, 2019 at Istanbul, Turkey. The EURIE Summit is global educational platform for Heads of Higher Learning Institutes, academic policy makers and researchers. The summit provided FUI the opportunity to gain knowledge, create networks and collaborate with foreign institutes of higher education in various research and academic areas.



### National Incubation Center

Managing Director Fauji Foundation, Lt Gen Syed Tariq Nadeem Gilani, HI(M) (Retd) and Rector Foundation University Maj Gen Changez Dil Khan, HI(M) (Retd) along with other members of FUI visited National Incubation Centre on March 08, 2019. The road map of NIC Islamabad was presented to the delegation and it was mutually agreed upon that both organizations will collaborate in this regard in future.



### Radio Pakistan

On March 15, 2019 the scholars of MS Media Studies, under the supervision of Ch. Muhammad Usman visited Pakistan Broadcasting Corporation, Radio Pakistan, (FM 101 and Dhanak FM 94). They were invited to attend and participate in a live show "Ham Sabka Pakistan". The Program Controller, Amar Bilal gave a guided tour of the Radio Pakistan's building. Students visited different offices such as On Air Studio, Off Air Control Room, etc. FURC team was allowed to participate in the show according to the areas of their expertise such as voice recording, camera, production etc. This experience will be highly useful towards achieving professional prominence upon completion of the degree.



### Fauji Foundation Head Office

To gain exposure of practical application of various IT mechanisms, five batches of students from Department of Software Engineering at FURC visited the IT Division of Fauji Foundation Head Office on April 01, 2019. Students were accompanied by faculty members and were explained the functioning of IT Division by Chief Information Officer, Dr. Muhammad Rashid Hussain. Students gave a wonderful feedback about the learning experience and asked for more such visits in future.



### UNICA-IAU Master Class on Internationalization in Higher Education

International Association of Universities (IAU) and the Network of Universities from the Capitals of Europe (UNICA), invited Rector FUI to participate in UNICA-IAU Master Class on Internationalization in Higher Education held from 7-10 April 2019 at Dubrovnik, Croatia. The Master Class involved the academic leaders who are engaged in internationalization policies/strategies.





The participants of master class discussed and deliberated on opportunities for global networking, improving national/international ranking of universities and realigning the university's internationalization strategy. The participation of Rector FUI offered opportunities and avenues for FUI to collaborate with universities in South Eastern Europe.

**Nayatel Head Office**

In pursuit of student development, ORIC at FUI arranged a visit for Software Engineering and Management Sciences to the facility of Nayatel head office located in Blue Area Islamabad. On April 10, 2019, Ms. Tehmina Karamat along with 40 students visited the head office of Nayatel. During this visit, Nayatel's Officers gave demonstration to the group about the functioning of IT systems and their data centre.



**Askari Cement Ltd**

Students from Electrical Engineering department of FURC visited Askari Cement Limited Wah Cantt, under the supervision of Engr. Adnan Khan and Engr. M. Azam on April 15, 2019. The visit offered an opportunity to visualize and interlink the concepts studied in books and the real world



processes. Students were welcomed by DGM R&M, Mr. Ashar Navaid and his team. Mr Ashar Navaid briefed the students about the history and the different departments of the ACL. Students toured the facility and were informed about how cement is produced in different stages.

**Humanetek (SMC) Pvt Ltd**

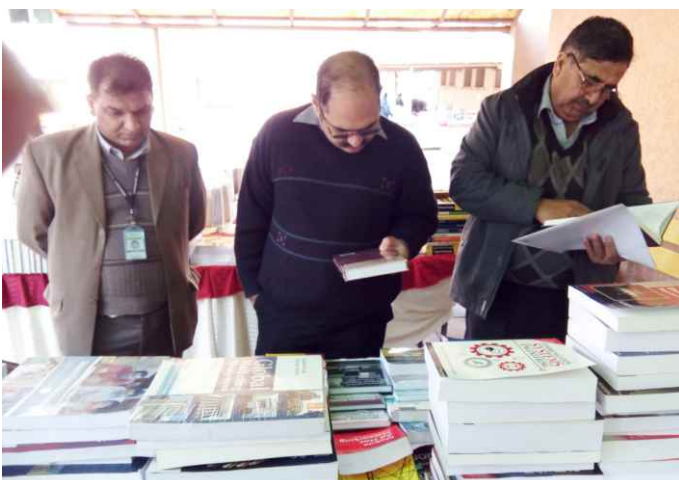
Humanetek (SMC) Pvt Ltd owns the famous app "Mohafiz" which creates a panic alarm for those who are facing any emergency in educational institutions. This application was developed after APS Peshawar attack. 15 students and 2 faculty members from FURC visited the company on April 18, 2019 to understand the functioning of the IT systems, application development and to observe the workplace environment of a successful start-up.



**NEWS AND EVENTS**

**Book Exhibition Spring 2019**

"Book Exhibition Spring 2019" was arranged at FURC on February 06-07, 2019. Renowned booksellers of Rawalpindi/Islamabad participated with latest books on different subjects. All those who visited the stalls identified and marked books of their interest related to the curriculum and general reading for the FURC library.



**Mabali Island Trip**

Official trip for BDS classes first, second, third and final year was organized by administration and Dean FUCD on February 16, 2019 at "Mabali Island" (Khanpur Dam). Faculty members from all departments along with their families accompanied the students. They participated in fun games like arm wrestling, tug of war, musical chairs and other race competitions. Zip line, boating and archery were the highlights of the day which were thoroughly enjoyed by the students. The day concluded with a scrumptious lunch followed by tea by the bonfire.





### FURC Food Festival

FURC Food Festival started on February 25 and culminated on February 26, 2019. It included different food stalls, games and jewellery. The event was much appreciated by the Chief Guest. Students were happy for being provided opportunities to show their talent beside studies. In total, 22 stalls were arranged that comprised of different national/international cuisines along with some fun activities.



### Thesis Display BCA 8, Department of Arts and Media

A wonderful Thesis Display by the students of BCA 8 Department of Arts & Media was organized by Ms. Bushra Ishaq, lecturer A&M, from February 25-28, 2019. The display included an amazing animation and graphic work exhibition based on various themes like culture, arts, film and theatre. A number of FURC student artists performed during the opening ceremony by playing live music.



### Funfair at Foundation University Islamabad Campus

Welfare society FUIC was given an opportunity to arrange a fund raising funfair on March 01, 2019. It is one of the most awaited events of the year. Along with fun, excitement and extravagance, the funfair opens up streams of income for helping those in need. Members of the welfare society sold event tickets to the faculty and students and stalls were sold to the students to raise money for the welfare society. Students organized their stalls with food items, different games and other entertaining activities. It was an amazing event this year due to the massive outcome and bonfire. The event ended with beautiful fireworks.



### Meet and Greet with SherDil Film Cast

The cast and production team of *Sherdil*, a film tribute to Pakistan Air Force, visited FUIC on March 08, 2019. Excited students clicked photographs with the film stars during the promotion.



### Attock Trip

Faculty of the Department of Arts & Media spent a day at Pakistan Army's Mansar Camp, Attock on March 17, 2019. The soldiers at the camp gave the faculty a chance to practice shooting, archery, horse riding followed by a delicious lunch and a beautiful musical evening. Faculty and the staff of Pakistan Army discussed academic and practical counselling of nation to develop and strength better relation among professionals, students and army for the solidarity of the country.



### Tree Plantation Campaign, Foundation University Rawalpindi Campus

Tree plantation day was organized on March 18, 2019 at FURC. The day started with awareness walk from Allama Iqbal Block and culminated at the same point after passing through Sir Syed Block. The participants carried a banner highlighting the importance of planting trees. Later, faculty, management and students took part in planting Olive, Sheesham, Sukhchain, Bottle Brush, Dharek and Kikar trees.



### Tree Plantation Campaign, Foundation University Islamabad Campus



FUIC organized a Tree Plantation Campaign on March 20, 2019 which aimed to involve students and staff in plantation drive for sustainable and green environment. Director FUIC, Maj Gen Prof. Dr. Jawad Khaliq Ansari HI(M) (Retd), took active part in the campaign which motivated the students and emphasized Green Pakistan program.



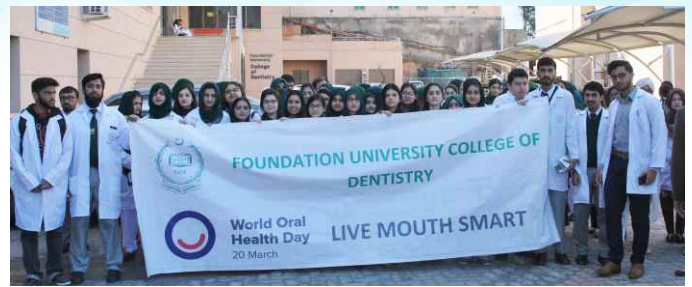
### Mushaira on Difa-e-Watan

With reference to 23<sup>rd</sup> March celebrations at FURC, a Mushaira on Difa-e-Watan was arranged on March 18, 2019 in collaboration with Literary Organization Kasb-e-Kamal. Brig Dr. Abdul Ghafoor, SI(M) (Retd), Pro Rector/Director FURC graced the occasion as Chief Guest. The Mushaira was chaired by Mr. Tariq Naeem, renowned poet and literary figure. 17 well known poets participated and pleased the audience by sharing poetry on national solidarity and patriotism.



### World Oral Health Day

On March 20, 2019, World Oral Health Day was commemorated with exemplary zeal and fervour at FUCD. This year's theme was "Say Aah: Act on Mouth Health". The community and preventive dentistry department took lead on this campaign with the aim to educate masses on keeping a healthy mouth and maintaining overall health and quality of life. There was an overwhelming participation in walkathon and competitions including poster/model, table clinic presentations, and video presentations.



### World Health Day

World health day is celebrated every year to create awareness regarding different health issues. This years theme was "Universal Health Coverage- Everyone, Everywhere" and was celebrated on April 08, 2019 at FUMC. Students conveyed the message in the form of informative posters, presentations, models, video and play. The concept of the play was inequality in the distribution of health services in rural and urban areas. Director, FUI, Maj Gen Prof. Dr. Jawad Khaliq Ansari HI(M) (Retd), graced the occasion and appreciated the efforts of the students in creating awareness regarding the issue.



### FURC Open House and Job Fair

In the era of increasing demand for skilled and knowledgeable workers, choosing the right career path becomes even more critical. In order to showcase the career-building opportunities at FURC, Open House and Job Fair 2019 was organized on April



25, 2019. The inaugural ceremony was performed by Rector FUI, Maj Gen Changez Dil Khan, HI(M) (Retd). 95 distinguished organizations that included both private as well as government owned institutions were welcomed at FURC. Every department presented innovative and imaginative creations reflecting the expertise of its cohorts. All in all, 104 projects were displayed. Two special activities were also conducted that included a play by Department of English and a short film screening by the Department of Arts & Media. The event and students achievements were celebrated in a closing ceremony, held at the seminar hall at Foundation University Islamabad, Rawalpindi Campus. Managing Director Fauji

Foundation & President FUI, Lt General Syed Tariq Nadeem Gilani HI(M) graced the occasion with his presence.

### Alumni Dinner

Considering the importance of alumni, FUI regularly hosts annual gatherings of its alumni. This year, the gathering was hosted at FURC on April 26, 2019. Alumni report was presented by Asst. Prof. Numair Ahmed Sulehri followed by informal talks by Dean Management Sciences, Dean Engineering Sciences and Dean Social Sciences. Pro-Rector FURC, Brig Dr. Abdul Ghafoor SI(M) (Retd), in his address, stressed upon the need of Alumni working with the university. Maj Gen Changez Dil Khan HI(M) (Retd), Rector FUI welcomed the Alumni in his address. He also gave the news of new campus in Sialkot and the certification of different programs running in both the campuses. The alumni were invited at the stage to share their experience. The event concluded with a light music performance followed by a sumptuous dinner.





**Morning show "Subha Say Agay"**



Morning show "Subha Say Agay" by Hum News was successfully recorded at FURC Seminar Hall on April 09, 2019. Guest, Senator Faisal Javed Khan, host Owais Mangalwala, co host Shiffa Yousafzai and producer of the show Miss Tehseen were awarded special shields by Brig. Dr. Abdul Ghafoor SI(M) (Retd), Pro Rector/Director FURC. Dr Shoab Ahmed, HOD Department of Arts and Media also shared the stage with Mr. Faisal Javed Khan and shared views with the audience on importance of dams and water resources for Pakistan. The program was aired on April 15, 2019 at 10 am.

**Annual Day FUIC**

FUIC Annual Day 2019 was organized on April 18, 2019. Distinguished guests, administrative staff, faculty, parents/guardians, and the students of the college attended the function. Director FUIC Maj Gen Jawad Khaliq Ansari HI(M) (Retd) was the Chief Guest of the ceremony. He delivered a valuable speech and stressed the need for arranging such programmes. He encouraged the students for their laudable performances, appreciated the hard work of faculty and congratulated parents and faculty on the success of students.



**EXTERNAL ASSESSMENTS**

**Doctor of Physical Therapy Program**

External assessment of Doctor of Physical Therapy Program was carried out by Dr. Arshad Nawaz Malik, Associate Professor Shifa Tameer-e-Millat University on April 22, 2019. Dr. Arshad thoroughly reviewed the program on 8 point criteria with 31 standards. The Self Assessment Report of the DPT program was prepared by Dr. Madiha Ashfaq and Dr. Furqan Hassan under the guidance of QEC FUI. Dr. Arshad appreciated the well furnished departments of FUIRS with adequate infrastructure and facilities. He also added that the faculty is very professional and highly skilled. At the end of the assessment, Dr. Arshad shared his findings and Dr. Furqan Ahmed Siddiqui shared the corrective measures for improvement of the program.



**MS and PhD Psychology Programs**

External assessment of MS and PhD Psychology Programs was carried out by Dr. Irum Naqvi, National Institute of Psychology, Quaid-e-Azam University Islamabad on April 17, 2019. The programs were assessed on 8 point criteria with 31 standards defined in QA Manual of HEC. The Self Assessment Report was prepared by Ms. Hafsa Khalil Toor with the help of colleagues under the guidance of QEC. At the end of the assessment, strengths of the program were highlighted including highly qualified faculty members, resources such as: laboratories, clinic and library, along with the promising environment for learning in the department.





## ACHIEVEMENTS

- Fatima Jinnah Women University in collaboration with the Alzheimer Pakistan-Rawalpindi Chapter (APRC) organized an Inter-University Skit competition on April 09, 2019. Students of Department of Psychology took part in the competition and staged a skit titled "Stop Stigmatizing Alzheimer". It was highly appreciated by the audience and judged as the best skit by the judges out of 7 skits presented by different universities of the twin cities. FUI also bagged the prize for Best Language Proficiency, Best Script, Best Play and Winner Institution. 
- Ms. Nazia, Lecturer in Arts and Media Department, presented her research paper titled "Role of Media in Neutralizing Sectarian Conflict in Gilgit-Baltistan: Exploring Peace-oriented Frames / Strategies of Daily Express Tribune" in 1<sup>st</sup> International Conference on Media and Conflict. The conference was held on February 26, 2019, at Bahria University. Ms. Nazia received a souvenir from Prof. Emeritus Dr. Rune Ottosen. 
- 25 students from Department of Software Engineering participated in the CUST Excite Cup 2019 on April 13, 2019. They took part in 07 competitions altogether and got three positions: 1<sup>st</sup> Position in Women Table Tennis, 3<sup>rd</sup> Position in E-Gaming and 3<sup>rd</sup> Position in Photography. 
- Students from Electrical Engineering Department presented their final year project titled "Bio-Methanation Plant" in NGIRI championship on April 03, 2019.

The chief guest; Federal Minister for Information Technology and Telecommunication, Dr Khalid Maqbool Siddiqui acknowledged the efforts of FUI students. The students included Mr. Ussama Hussain, Mr. Qasim Noor, Mr. Manzer Maqsood and Mr. Asim Farooq. The students were led by the project supervisor Engr. Abdur Rehman.





- Students from the Department of Software Engineering got 3<sup>rd</sup> position for their project titled "IoT Based Weighing and Tolling System for Transport Vehicles" in COMPEC 2019 held at NUST in April 2019. Under the supervision of Dr. Shariq Hussain and Mr. Umar Mahmud following students took part in the competition:



- M. Rajay Ali Muneeb
- Anas Wali Muhammad
- Maham Qazi
- Shumaila Maham

- Engr. Zain ul Islam of Electrical Engineering Department has achieved the "IEEE Best Paper Award" in IEEE International Conference on Communication Technologies (ComTech-19) held on March 20, 2019 at MCS for his paper titled "UWB Micro strip Antenna with U-Shape Slot for WLAN Band-Suppression Application". He received the Best Paper presentation certificate from Col. Dr. Adil Masood Siddiqui, HOD Electrical Engineering department at MCS, NUST. The Chief Guest, Maj Gen Ali Farhan HI(M), DG Special Communication Organization (SCO) appreciated the contribution of Engr. Zain ul Islam. 

## ALUMNI SUCCESS STORIES

- FUI's mission is to educate leaders who make a difference in the world. Mr. Ahsan Khan is an exemplary role model who has managed to inspire all those who aspire to have an impact on both business and society. Ahsan completed his Bachelors in Software Engineering from Foundation University in 2015. He is a full stack developer with an extensive experience in the tech industry. Ahsan along with his two partners developed a website for classified ads and software for call centres, incorporating an SMS automation system and integration with artificial intelligence. Later, the idea diversified to upload thousands of properties over multiple portals with a click of a button. Combining all these together, the multi-functional Real Estate Software Monoplon was created, providing a range of solutions to real estate companies, developers, and industry professionals who are all looking to innovate and keep up with the technology. 
- Mr. Saqib Rafiq was awarded Master in Business Administration degree from FUI, with distinction. He has been elected as the Senior Vice President of Rawalpindi Chamber of Commerce and Industry in October, 2015. He is also the CEO of XS, a chain of retail stores, dealing in sales of gadgets & hand held devices. Mr. Saqib Rafiq is also working as Director at Xport (Pvt) Ltd which deals in the exports of its leather products worldwide. Mr. Saqib is also an executive member of City Trade Association and plays a positive part for the welfare and 

progress of business community. In the year 2013-2014 as the Chairman Young Entrepreneurs Committee at RCCI, he worked to make Industry-Academia linkage more effective.

- Marina Shahzad is a Media and Communication graduate from FUI, session 2010-2014. She is currently working as Concept Writer for Telenor at Ogilvy & Mather Islamabad. She has always had an insatiable hunger to create something out of the box. In her brief career she has produced successful TVCs and campaigns for renowned telecommunication brands; Ufone and Telenor. Till now she has worked for 3 leading creative advertising agencies of Pakistan and has worked on various renowned brands as a Concept & Copy writer & Creative Manager. 
- Aqib Mughal completed his Bachelor Degree in Media & Communication with Honors from FUI. He is currently working as Head of Digital at Potters Wheel Design House. With Business Development, Portfolio Management, Design Communication and Business Operations as his core responsibilities, he successfully set up the Digital Business at Potters Wheel from scratch. Additionally he has single handedly nurtured a team of 20 individuals specializing in Graphics Design, Community Management, Web Development, Content Strategy and Media Buying. He built the team structure, and initiated, planned, strategized and executed the campaign using digital platforms. 





# Sports

## Sports Week 2019 FURC

Sports week at FURC was declared open on February 25, 2019 by Pro Rector Brig Dr. Abdul Ghafoor, SI(M) (Retd). In his address, he encouraged students to participate in sports by stating its importance. Opening ceremony comprised of many performances which caught the attention of the audience and kept them on the edge of their seats. After the opening ceremony basketball, volleyball, badminton and table-tennis matches were played. On second day, futsal matches were

played at Ayub Park. On March 01, 2019 closing ceremony was held and Pro Rector FURC was the Chief Guest. On the final day, a Basketball match between female teams of Psychology and Arts & Media Department was held. In the end trophies were distributed amongst the winning departments. Software Engineering department was declared overall best department.



## Sports Week 2019 FUIC

FUIC Sports Week 2019 was held at FUIC Campus from March 26-28, 2019. The competition featured variety of sports activities including Cricket, Futsal, Badminton, Table Tennis, Basket Ball, Dodge the Ball, Tug of War and Athletics. Maj Gen Prof. Dr. Jawad Khaliq Ansari HI(M) (Retd), Director FUIC was Chief Guest at the prize distribution ceremony. In his address, he emphasized the value of sports and asserted that sports encourage the spirit of competition which is vital for any vibrant institution of higher learning. In the end, he congratulated winners of the events and distributed the trophies and prizes among them. Following students were declared as the best sports persons of the year 2019.

### Best Sports Person FUMC

Best sportsman: Uzair Niazi  
Best sportswoman: Mahnoor Malik

### FUCD

Best sportsman: Baber Khan  
Best sportswoman: Fatima Tariq

### FUIRS

Best sportsman: Asim Javaid  
Best sportswoman: Qurat ul Ain

**Overall Champions Trophy:** 4<sup>th</sup> Year MBBS

**Runner up Trophy:** Final Year MBBS





**WELCOMES**

**Foundation University Islamabad Campus Faculty**

Dr. Shoib Rahim - Assistant Professor, FUCD - January 2019  
 Dr. M. Masood Khan - Assistant Professor, FUCD - January 2019  
 Dr. Saeeda Rabina Rahat Geelani - Assistant Professor, FUCD - January 2019  
 Dr. Rimsha Khan - Demonstrator BIO, FUCD - February 2019  
 Dr. Khadija Azhar - Demonstrator BIO - February 2019  
 Mahmoona Zia - Registrar, FUCD - February 2019  
 Dr. Farhat Zahra - Demonstrator, Pharmacology, FUIC - March 2019  
 Ms. Namra Tanweer - Demonstrator, Pharmacology, FUIC - March 2019  
 Dr. Meshal Naveed - Demonstrator Anatomy, FUIC - March 2019  
 Dr. Amna Wazir - Demonstrator Anatomy, FUIC - March 2019  
 Dr. Aimin Mehmood Minhas - Demonstrator Anatomy, FUIC - March 2019  
 Dr. Adil Umar Durrani - Assistant Professor, FUCD - April 2019  
 Ms Saman Pervaiz - Lecturer, FUIRS - April 2019  
 Ms Sidra Qureshi - Demonstrator, FUIRS - April 2019  
 Ms. Anam Rehman - Demonstrator - April 2019  
 Ms. Seraphine Emmanuel - Senior Lecturer, FUCN - April 2019  
 Ms. Shumaila Zaman - Lecturer, FUCN - April 2019  
 Ms. Saima Ishfaq - Lecturer, FUCN - May 2019  
 Dr. Amir Abbrar - Assistant Professor, ENT, FUIC - May 2019  
 Mr. Tafseer Abbas - Lecturer Islamiyat, FUIC - May 2019  
 Dr. Rozina Nazir - Professor, FUCD - May 2019  
 Dr. Ahmad Hasan - Assistant Professor, FUCD - May 2019  
 Ms. Ateeqa Saleem - Lecturer, FUCN - May 2019  
 Ms. Amara Sundas - Senior Lecturer, FUCN - June 2019

**Administrative staff**

Capt Yasmeen Saggi (Retd) - Principal FUCN - December 2018  
 Maj Asif Aftab Malik (Retd) - Assitant Manager Admin - January 2019

**Foundation University Rawalpindi Campus Faculty**

Dr. Shahraz Khan - Assistant Professor, MS - January 2019

Dr. Maryam Kausar - Assistant Professor, Software Engineering - January 2019  
 Dr. Syed Muhammad Ali Tirmizi - Assistant Professor, MS - January 2019  
 Dr. Ishrat Yousaf - Assistant Professor, MS - January 2019  
 Dr. Fazal Rahim Khan - Professor, Arts & Media, FURC - January 2019  
 Mr. Waqas Ahmed - Lecturer, Software Engineering - January 2019  
 Mr. Muhammad Asif - Lecturer, Software Engineering - January 2019  
 Dr. Aaqif Afzal Abbasi - Assistant Professor, Software Engineering - January 2019  
 Ms. Sameen Javed - Lecturer, Software Engineering - February 2019  
 Ms. Akeela Rehman - Lab Engineer, Software Engineering - March 2019

**Administrative staff**

Maj Muhammad Azam (Retd), Security Officer- January 2019

**Foundation University Islamabad Secretariat**

Ms. Khizrnan Taimur - Asst Manager (PR&C) - January 2019  
 Mr. Muhammad Asif Javed - Manager RO&D - January 2019  
 Mr. Akhtar Zeb - Deputy Registrar - January 2019  
 Syed Taimoor iul-Hassan - Manager BIC - January 2019  
 Mr. M. Waqas Chughtai - Deputy Registrar - April 2019

**GOODBYES**

**Foundation University Islamabad Campus**

Maj Gen Akhtar Waheed (Retd) - Director FUIC - December 2018 to January 2019  
 Brig Dr. Eitezaz Ahmed Bashir - Professor- August 2008 to March 2019  
 Brig Dr. Ishtiaq Ahmed Qureshi - Professor- August 2005 to May 2019

**Foundation University Rawalpindi Campus**

Maj Muhammad Aslam Ch (Retd) - Security Officer - November 2014 to January 2019  
 Dr. Mubina Talat - Professor, English - February 2018 to January 2019  
 Engr Mushtaq Ahmed - Assistant Professor - January 2009 to February 2019

**Foundation University Islamabad Secretariat**

Col Dr. Sajjad Akbar (Retd) - Controller of Exam - January 2010 to May 2019

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